

# THE AFTERSCHOOL CORNUCOPIA

Spring Term - April 11<sup>th</sup> – June 9<sup>th</sup> 2016

Classes at Linwood Howe

Unless otherwise noted in the individual class descriptions, the Spring term classes will begin the week of Monday, April 11 and end on Thursday, June 9, 2016. Classes are held once weekly and this session will be 9 weeks long. Fees and number of classes have been adjusted for the following school holiday: Monday: May 30.

## Schedule of Classes

### Introduction To Acting

1. (Grades 3–5) Mondays 3:20–4:20

Class meets 8 times ..... \$136

Taught by Mark Hawkins, acting teacher and CCUSD substitute teacher. The class will provide an introduction to acting for the beginner. Voice, movement, and improvisation will also be touched on. Using monologues and light scene work, the course will offer an enjoyable and stress free environment for those just starting out.

### Cartooning

2. (Ages 7–11) Mondays 3:20–4:20

Class meets 8 times ..... \$128

Taught by Brian Clarkson, art teacher, storyteller, street artist and character designer. In this stylistic class, children will learn all about making their imagination appear on paper. The class will include learning basic shapes, stylizing form, drawing Disney and toony characters, designing crazy lettering (fonts) and learning complimentary colors. Students will see books of various artists to grasp an idea of the artist processing and learn the building blocks to producing colorful characters. They will create their own superheroes and monsters and even their own imaginary pets which are unique to every individual. Let's get creative in this class of color and fun!

### Drawing Shopkins

3. (Ages 6–11) Mondays 3:20–4:20

Class meets 8 times ..... \$128

Taught by Edith Brambila, art student, art teacher and professional doodler. These popular collectable toys

will no longer be an object you can play with, but will become amazing pieces of artwork! Students will learn how to mimic the shopkins drawing style and will soon be able to create their own original shopkins. The first few classes, students will be taught how to draw all types of existing shopkins. Once students are comfortable with the style, they will soon create their own tiny adorable characters.

### Got Yoga?

4. (Ages 5–8) Mondays 3:20–4:20

Class meets 8 times ..... \$136

Taught by Zooga Yoga staff, yoga teachers. Our philosophy is simple... yoga should be fun! Tame your wild child with Zooga's playful approach to kids yoga that fosters confidence, creativity and fun! Yoga helps modern kids achieve calm & balanced minds, while they build strong & flexible bodies. In this class, kids will learn fun breathing and visualization techniques while they improve focus, strength, flexibility and coordination. Kids will also learn basic acting techniques through fun, improv acting games. Our teachers take the kids on exciting adventures around the world, while "acting out" creative yoga poses and games and more! Zooga yoga is designed specifically for kids and uses age appropriate games, music, songs and animal poses to make yoga and acting fun and easy. Class is encouraged for kids in sports! We provide yoga mats.

### Parkour

5. (Ages 6–11) Mondays 3:20–4:20

Class meets 8 times ..... \$120

Taught by Lorenzo Wright, professional traceur (practitioner of Parkour) and Capoeira teacher. This program will teach children the fundamentals of climbing, crawling, jumping, rolling and vaulting over obstacles like Spider-Man onto foam blocks and cushioned mats. Parkour is about overcoming obstacles mentally and physically in our lives. Students will learn some team building exercises, gain confidence and get an amazing workout.

Students should bring bottled water to stay hydrated and be ready to jump around!

## **Beginning & Continuing Piano/Keyboard**

6. (Ages 5–10) Mondays 3:20–4:20

Class meets 8 times ..... \$ 152

Taught by Musical Minds staff. For students who love music and dream of being in a band, this comprehensive program lets participants learn to play their favorite radio hits from artists such as Taylor Swift and Black-Eyed Peas, as well as movie and television themes like Star Wars, Indiana Jones and Hanna Montana. They can even learn the music of Beethoven and Bach. They'll learn music reading and writing skills with our specially created visual learning tools. Students are introduced to all these musical concepts with fun games and musical learning tools. It's a great way to get students excited about learning music! Keyboards and headphones are provided for all participants, and books and materials are included. Class sizes are no more than 8 students per teacher.

## **Cooking: Passport to the Kitchen**

7. (Ages 5–11) Tuesdays 3:20–4:20

Class meets 9 times ..... \$180

Taught by Michelle Mayans, teacher and chef. Our culinary expedition around the world gets ready for another tour! Welcome new and continuing students. Students will participate in preparing recipes from different countries. We will visit a new country each week and learn how to prepare a delicious dish from foreign lands and then, best of all, taste it! Each student will collect the recipes along the journey as well as design each country's flag for their "Passport to the Kitchen". Students will also learn about geography by locating countries on the world map and other interesting facts like language, art, history & customs, puzzles and games and we will compile a folder to take home. Materials fee is included in the class price.

## **Flag-Football**

8. (Grades K–5) ) Tuesdays 3:20–4:20

Class meets 9 times ..... \$162

Taught by ACE Enrichment staff. Ready! Set! Hike! Students will learn flag football fundamentals, develop strategy, and have fun with their friends. Build

endurance, develop coordination, and learn how to play as a team! Games will be played each week so that students can apply what they've learned in a fun and safe environment. This is a NON-CONTACT sports class for boys and girls. Proper warm up, sports games, skills, drills, and flag-football fundamentals will be taught. All equipment and materials provided.

## **Self-Discipline & Self-Defense**

9. (Ages 5–11) Tuesdays 3:20–4:20

Class meets 9 times .....\$126

Ross Helford is a practitioner and instructor in Kenpo karate with nearly 15 years experience, and has taught the art to children of all ages. Continuing and new students are welcome. Although we all want to make this a safe and peaceful world for our children, reality can sometimes deliver unwelcome surprises, and as adults it is our responsibility to give our children the tools that will help keep them safe in any number of situations and to carry themselves with a confidence and awareness that will steer them away from danger. We will learn the fundamentals of defense, such as environmental awareness, blocks, kicks, strikes, stances, foot maneuvers, and the all-important KI-YAH! In addition to providing an excellent workout and instilling children with self-confidence, studying the martial arts stresses the value of being a good citizen, being kind to your peers, respectful to your elders, mindful of nutrition and diligent in your studies. Plus it's a whole lot of fun. Students will be working towards the goal of earning a gi (uniform), then belts.

## **Sew What!?**

10. (Grades 1–5) Tuesdays 3:20–4:20

Class meets 9 times .....\$180

Taught by Maya Grafmuller, designer and sewing enthusiast. In this beginner's class students will learn the basics of sewing, embroidery stitching, the safe use of sewing tools as well as planning and execution. We will do small confidence building projects that take three to four weeks. We will use colorful felt fabrics, trims, embroidery threads and beads to create beautiful items. Projects to choose from include petite shoulder bags, badges, bracelets, 3D cube and stuffed creatures. All materials are included.

## Anti-Bullying Martial Arts

11. (Ages 5–11) Wednesdays 1:50–2:50

Class meets 9 times ..... \$153

Taught by Richard Alonzo, veteran martial arts instructor and member of the Southern California Bully Project. The curriculum is rooted in Tae Kwon Do, HapKiDo and Filipino Martial Arts, and is taught from a child development perspective. With an emphasis on verbal & non-verbal anti-bullying tactics, students will learn specific age-appropriate self-defense techniques, how to behave in ways that discourage teasing, understand their rights to stand up for themselves, and learn to stay calm and manage their anger through mindful meditation practices. Both the cost of the class t-shirt & belt (\$25) and the fee for end-of session testing (\$40) are payable to the instructor.

## Drawing Minecraft

12. (Ages 6–11) Wednesdays 1:50–2:50

Class meets 9 times ..... \$144

Taught by Edith Brambila, art student, art teacher and professional doodler. Students in love with playing Minecraft will learn how to draw Minecraft characters. From monsters, animals, and people, we will cover most everything in Minecraft. Each character we'll draw will have a step by step explanation so that everyone can make great looking drawings!

## Magic Workshop

13. (Grades K–5) Wednesdays 1:50–2:50

Class meets 9 times .....\$153

Taught by Mark Carapezza, magician and actor. Students will study and practice the skills needed to succeed in the Art of Magic: mental and physical dexterity, improvisation, discipline, patter, costuming, confidence, and of course, a commitment to The Magician's Oath. An original Magic Mark's Art of Harmless Misdirection Magic Kit is included in the class fee; however, students are encouraged to bring in tricks from home for tips and ideas on improvement. There is a relaxed, no-pressure student performance at the last class.

## Mine, Craft & Build with Legos

14. (Grades K–5) Wednesdays 1:50–3:20

Class meets 9 times ..... \$198

Taught by Play-Well Teknologies, teaching engineering to students. Create, play, and learn in this

1.5 hour class. Bring Minecraft to life using LEGO!

Build a motorized walking Creeper, a terrifying Ghast, and a motorized Minecart! This project-based class, designed by Play-Well instructors, combines the basic format of our core engineering-themed programs with the world of Minecraft. Students will explore real-world concepts in engineering and architecture while building their favorite Minecraft objects. Students will have a blast, even without any prior experience with Minecraft or LEGO. This class is not affiliated with the LEGO Group. For more information and project photos please visit their website at [www.play-well.org](http://www.play-well.org).

## Mixed Media Art

15. (Grades K–5) Wednesdays 1:50–2:50

Class meets 9 times .....\$135

Taught by Sarah Thomas, art teacher. In this class students will be using a minimum of 2 media per project. They will learn how to create beautiful works of art using collage, colored pencils, pastels, crayons and watercolor. Each week we will have guided and themed art projects where the students will use their imagination to choose what media and textures they want to mix.

## Rhythm & Percussion with SoundMath™

16. (Ages 5–9) Wednesdays 1:50–2:50

Class meets 9 times ..... \$153

Taught by Sound Formation staff, drumming teachers. Hand-percussion is much simpler than piano or guitar and allows the student to make music right away. Percussion allows for brain hemisphere balance by using both hands equally, which translates well into other areas. Hand-percussion develops increased sensitivity and fine-motor coordination. Percussion simplifies learning music and allows for whole body engagement and emphasis on both the musician and the music. We teach in an ensemble format where students learn to connect to the whole group thereby aiding social emotional development. We address the math involved in rhythm which strengthens what the children learn in that area. Rest and space are integral parts of music and our participants learn how to actively calm and focus themselves for music performance and everyday life. We will have an incredible performance at the last day of class, which combines all the material learned.

## Soccer

### 17. (Grades K-5) Wednesdays 1:50-2:50

Class meets 9 times ..... \$144

Taught by Coast 2 Coast Soccer staff, the largest after school soccer program in California. Our coaches are experienced college soccer players. Their passion for coaching will ensure your child will improve skills, build confidence and have fun! The skills and techniques of soccer are taught using our unique age-appropriate curriculum. Students will earn a Coast 2 Coast wristband and certificate.

## Stop Motion Animation

### 18. (Grades 1-5) Wednesdays 1:50-2:50

Class meets 9 times .....\$153

Taught by Juliana Richter and Tom Mott, stop motion animation teachers. Create your own little stop motion videos in this new class. Students will use Lego figurines, clay, toys and each other to bring their stories come to life. We'll use iPads (we welcome a few parents to join in and bring their iPads too) to film, edit and show our work.

## Superhero Training

### 19. (Grades K-5) Thursdays 3:20-4:20

Class meets 9 times .....\$135

Taught by by Anas Sahibi, coach and comic book expert. Superhero Training uses a game-based approach to fitness: developing coordination, strength, endurance, and flexibility while building confidence and sportsmanship. Athletics are themed to build the skills of students' favorite heroes. As students progress through Superhero Training, they will learn how to apply the skills they've learned and be "everyday heroes" in class and at home.

## Tennis

### 20. (Ages 5-11) Thursdays 3:20-4:20

Class meets 9 times ..... \$ 144

Taught by Georgie Dinham, tennis pro. This class brings fun, fitness, fundamentals and friends all together on the tennis court. Tennis develops and improves children's general physical fitness skills (gross motor skills, hand eye coordination, strength and endurance) and also builds sportsmanship, self esteem and personal character. We provide the simulated nets, racquets and balls making it easy and convenient to accommodate the needs of schools, and ensure the safety of the children and the facility. Note:

tennis shoes are required and classes will be cancelled on rainy days.

## Fantasy Drawing

### 21. (Grades 1-5) Fridays 3:20-4:20

Class meets 8 times ..... \$ 96

Taught by Angela Davis, art teacher and student. The class will focus on drawing scenes of nature, made up kingdoms, and distant galaxies. We will be developing the skills from basic shapes and forms of people, landscapes and buildings. Each week will be a different themed scene. Kids can let their imagination run wild in the jungle or on a boat voyage. Our materials will consist of mainly pencil, paper and markers. We will look through surreal books of fantasy and adventure. All the drawings will be put together into a portfolio.

## Fencing

### 22. (Grades 2-5) Fridays 3:20-4:20

Class meets 8 times ..... \$144

Taught by Avant-Garde Fencers Club staff (Daniel Costin has trained several Olympic saber champions). Students will learn the basics of the sport through games and fun activities. While learning an Olympic and NCAA sport, students will discover a strong sense of empowerment, self confidence and leadership. Students will discover a sport that is both centuries old and completely contemporary. Students will learn tactics, technique and the rules. Techniques include counter-riposte, compound attacks, feints and direct attacks. Use of full protective gear, self-discipline and a strong emphasis on safety have made fencing one of the safest sports in the world. Tuition includes all equipment rentals. Athletic attire and tennis shoes are required.

## Realistic Drawing

### 23. (Ages 8-11) Fridays 3:20-4:20

Class meets 8 times ..... \$128

Taught by Edith Brambila, art student, art teacher and professional doodler. Students will learn the basic steps in drawing the human face. They will study the different techniques artists use in drawing portraits. Each feature will be discussed in detail. This program is recommended to the students who actually have a desire to improve their proportions

on a portrait and/or the ones who want to begin to draw more realistically.

## Star Quest Robotics

24. (Grades K-3) Fridays 3:20-4:20

Class meets 8 times .....\$160

25. (Grades 4-5) Fridays 3:20-4:20

Class meets 8 times .....\$160

Taught by H.M. Logi staff, robotics teachers. In this unique course, developed by H.M.Logi's team of experts, students will build challenging robot models of spaceships and rovers. As kids use infra-red remote controls, transmission gears and other electronic tools, they will develop thinking strategies, motor skills and dedication. Kids will take home every model built throughout the course.

## Young Ninjas

26. (Grades K-3) Fridays 3:20-4:20

Class meets 8 times ..... \$152

Taught by Young Ninjas staff. Join Young Ninjas USA for the Dragon session. By nature, the Dragon is Energetic. Young Ninjas will study characteristics of the Dragon and incorporate this into our session's curriculum. Young Ninjas USA is a non-contact martial arts program, designed to teach kids basic martial arts techniques. Styles will include Tae Kwon Do, Karate, and Kung Fu. Young Ninjas curriculum is designed to meet California State Standards for Physical Education by helping children develop balance, coordination, and refined motor skills through physical challenges and games such as Jump the Stream, Flying Ninja and Sensei Says. Young Ninjas are also asked to follow the "Promise of the Ninja" which helps promote teamwork and leadership skills. All new and returning Young Ninjas receive an official YNUSA Headband to wear during class, which recognizes their own level of personal achievement. Kiya!

## Zoology

27. (Grade K-5) Fridays 3:20-4:20

Class meets 8 times ..... \$ 128

Taught by Reptacular Animals staff, animal handlers and instructors. Spring means baby animals visit each week. We offer a one-hour, hands-on class with live, kid-friendly animals. Each week, students handle a

new animal or animals, including reptiles, amphibians, insects, furry critters, farm animals and birds. In this fun and gentle learning environment, students learn about the featured animal through a variety of ways, including stories, games, or a related arts/craft project.

## How Do I Enroll?

Registration is on a first-come-first-served basis. There are 2 ways to enroll:

1. Mail in registration begins on Mar. 21st. Complete the registration form and mail to AFTERSCHOOL CORNUCOPIA, P.O. BOX 2734, CULVER CITY CA 90231-2734.
2. Drop-off registration for classes in the Cornucopia box in the school office.

Payment can be made by check, cash, money order, or PayPal. Payment Plan: if you cannot pay all the tuition at once, you can split the payment into two checks – one dated 4/11/16 and the other dated 5/9/16. Enclose both checks with your registration, otherwise a late payment fee of \$15 will be charged. If you have any questions, call **Judy Richter** at (310) 890-2103 or email [judyrichter@earthlink.net](mailto:judyrichter@earthlink.net).

All our classes meet on campus at Linwood Howe.

### Absences

If you cannot attend a class, you can attend another class offered on a different day as a make-up. Please contact **Judy Richter** at (310) 890-2103 or email [judyrichter@earthlink.net](mailto:judyrichter@earthlink.net) to arrange a make-up.

### Refunds

If you withdraw from a class within the first four weeks of the session, we will refund a prorated portion of your fee.

### Students in Aftercare

If your child is in aftercare at Linwood Howe, our site supervisors will bring the enrolled children from the aftercare rooms (KIK, SACC, Club 27, etc.) to our classes and we will also take them back to aftercare. *Be sure to advise the aftercare staff that your child is participating in our classes by completing their waiver.*

# The Afterschool Cornucopia

## Spring 2016 Registration Form

Parents' Names: \_\_\_\_\_

Email: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work: \_\_\_\_\_

Cell: \_\_\_\_\_

Address: \_\_\_\_\_

### 1. Child's Name:

Child's School: \_\_\_\_\_

Room #: \_\_\_\_\_ Child's Grade: \_\_\_\_\_

Attends After School Care? No Yes room#\_

Does your first child have any special needs or health issues?

Enroll my first child in (underline/circle the class(es) on the table at the right or list below):  
Class # Day Class Name \$

First Child Total enclosed: \$

### 2. Child's Name:

Child's School: \_\_\_\_\_

Room #: \_\_\_\_\_ Child's Grade: \_\_\_\_\_

Attends After School Care? No Yes room#\_

Does your second child have any special needs or health issues?

Enroll my second child in (list below):  
Class # Day Class Name \$

Second Child Total enclosed: \$

Who will pick up your child after our class?

What phone number should we call if you are late for pick up? \_\_\_\_\_

Please make checks payable to: **Afterschool Cornucopia**, and mail to

P.O. Box 2734, Culver City, CA 90231-2734

Or if you are running late, email registration to judyrichter@earthlink.net or call-in registration to Judy Richter at (310) 890-2103.

### Classes Listed by Days & Times

	Day	Time	Class Name	Fee
1	Mon.	3:20	Acting (gr. 3-5)	\$136
2	Mon.	3:20	Cartooning	\$128
3	Mon.	3:20	Drawing Shopkins	\$128
4	Mon.	3:20	Got Yoga?	\$136
5	Mon.	3:20	Parkour	\$120
6	Mon.	3:20	Piano	\$152
7	Tue.	3:20	Cooking	\$180
8	Tue.	3:20	Flag Football	\$162
9	Tue.	3:20	Self Defense	\$126
10	Tue.	3:20	Sew What	\$180
11	Wed.	1:50	Anti-Bullying Martial Arts	\$153
12	Wed.	1:50	Drawing Minecraft	\$144
13	Wed.	1:50	Magic Workshop	\$153
14	Wed.	1:50	Mine, Craft & Build with Lego	\$198
15	Wed.	1:50	Mixed Media	\$135
16	Wed.	1:50	Rhythm & Percussion	\$153
17	Wed.	1:50	Soccer	\$144
18	Wed.	1:50	Stop Motion Animation	\$153
19	Thu.	3:20	Superhero Training	\$135
20	Thu.	3:20	Tennis	\$144
21	Fri.	3:20	Fantasy Drawing	\$96
22	Fri.	3:20	Fencing (gr. 2-5)	\$144
23	Fri.	3:20	Realistic Drawing	\$128
24	Fri.	3:20	Star Quest Robotics (K-3)	\$160
25	Fri.	3:20	Star Quest Robotics (4-5)	\$160
26	Fri.	3:20	Young Ninjas	\$152
27	Fri.	3:20	Zoology	\$128